



**Subject:** PSHE

**Year Group:** YEAR 12

**Rationale:** The PSHE course for OIC Brighton is based around our well-being principles: **Relate, Observe, Care, Keep Learning and Stay Active**. The majority of lessons are part of the Thoughtbox programme of resources; some are drawn from or adapted for the PSHE Association resources, while others are unique to the ethos and focus of OIC Brighton. We have developed this curriculum with full awareness of the RSE statutory guidance from the DfE, and we are working in alignment with the “Social and Emotional Learning: CASEL Framework” and the CASEL wheel of competencies.

Term	Week Beginning	Topic
<b>Autumn Term 1 (Self Care)</b>	08.09.25	Awe and Wonder – Feeling Inspired
	15.09.25	Awe and Wonder – I Wonder Why
	22.09.25	Awe and Wonder – What Makes a Wonder
	29.09.25	Awe and Wonder – Be Amazed
	06.10.25	Awe and Wonder Board
	13.10.25	Awe & Wonder Exhibition
<b>Autumn Term 2 (People Care)</b>	20.10.25	Charity and Ethics – Lending
	03.11.25	Charity and Ethics – The Ripple Effect
	10.11.25	Charity and Ethics – Debate
	17.11.25	Charity and Ethics - A Positive Approach
	24.11.25	Planning an Ethical Project
	01.12.25	Planning an Ethical Project